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<http://www.motivationalinterview.org/index.shtml>

Motivational Interviewing Network of Trainers (MINT)

What is the MINT?

The Motivational Interviewing Network of Trainers (MINT) is an international collective of trainers in motivational interviewing and related methods (e.g., behavior change counseling, brief advice) . The trainers come from diverse backgrounds, and their central interest is in improving the quality and effectiveness of counseling and consultations given to clients about behavior change. The organization emerged in 1997 among people trained as trainers by William R. Miller and Stephen Rollnick.

What guides the MINT?

The organization is evolving and growing, but some general guiding principles have endured. The MINT:

- Encourages good practice in the use of MI, and in the training of practitioners and MI trainers.
- Supports the activities and skillfulness of its trainer members through meetings, communications and shared practice opportunities.
- Continues to evolve and so will its membership, methods and structure.
- Embraces the international flavor of the association as a key feature.
- Promotes MI through good practice and the sharing of knowledge. It does not seek to exert control over the practice of others, or to compete in any way with other individuals or organizations. Dues and proceeds from its activities are used to further promote good practice.
- Above all, wishes to foster communication and collaboration among trainers. It encourages members to cross the barriers of culture, language and setting to work constructively and self-critically respond to the evolving body of knowledge about behavior change.

Who may join?

MINT members have completed a 3 or 4 day workshop designed to teach them the training methods, techniques and spirit of the MI approach. In order to encourage good practice standards, MINT membership is limited to trainers who have completed a training workshop for new MI trainers recognized by the MINT.